



Join in the Fun and Get in the Game! Register Now!

This spring, boys and girls, ages 5-18, will have an opportunity to participate in a five week USTA Jr. Team Tennis program. This after school program will allow students to learn the game, be on a team with their peers, and have a great time! Participants will enjoy a safe, healthful activity in a sport that can be enjoyed for a lifetime.

Teams will be organized by matching players of similar age and ability. They will participate in one of four Divisions: QuickStart Tennis (10 & Under, 8 & Under), the Stars Division, or the Stripes Division. Each participant will be notified as to which division he/she is in.

The **QuickStart Tennis Divisions** are for youth 5 to 10 years of age (Grades K – 4). This exciting new play format is designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size. This format allows them to start playing almost immediately - even if they've never held a racquet before. Parent volunteers are needed for assistance. Students can meet in the elementary gym after school, eat a snack from home, and walk to the tennis courts with Mr. Muus.

The **Stars & Stripes Divisions** are designed for players who are a bit older (10-18) and at a higher skill level than the QuickStart Tennis Divisions. The **Stripes Division** is the most advanced (varsity) division.

Teams will have a 1 or 1 ½ hour practice each week when skills are taught by a tennis instructor. Teams will also compete each week in a match within their age and/or skill division, or play some competitive game-type activities. Everyone who registers will play! Some racquets will be available for free use during practices and matches.

WHEN: April 26 – May 27, 2010

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|---------------------------------|-----------------------|----------------|
| QuickStart 8 & Under Division: | Mondays & Thursdays | 3:20 – 4:20 PM |
| QuickStart 10 & Under Division: | Tuesdays & Wednesdays | 3:20 – 4:20 PM |
| Stars Division (18 & Under): | Tuesdays & Wednesdays | 4:30 – 6:00 PM |
| Stripes Division (18 & Under): | Mondays & Thursdays | 4:30 – 6:00 PM |

WHERE: Public Tennis Courts in Grand Marais

FEE: \$25 (includes practices, matches, tennis t-shirt, season-end treats & awards)

REGISTRATION DEADLINE: April 19, 2010.

For more information or questions about this exciting tennis program, or if interested in helping, call John Muus at 387-2198 (e-mail: jcmuus@boreal.org)

2010 Spring – USTA Jr. Team Tennis Registration Form

Name _____ Grade _____ Age _____ Birthdate _____

Parent/Guardian _____ Phone (H) _____ (W) _____

Address _____ T-Shirt Size (Y) _____ (A) _____

Make checks payable to: CCTA (Cook County Tennis Association)

Send registration and payment to: John Muus, PO Box 394, Grand Marais, MN 55604
or
drop them off at the Cook County MS/HS office