



National Junior Tennis League (NJTL) of Cook County

USTA / National Junior Tennis League is a nationwide public recreational team tennis program for boys and girls 5 to 18 years of age. USTA / NJTL’s primary goal is to introduce as many young people as possible to the lifetime sport of tennis, including those who might not ordinarily participate, and keep them playing. This program will address some of the primary needs of youth: to have fun; to improve and learn new skills; to stay physically and mentally fit; to learn good sportsmanship; and to experience team spirit. **USTA Jr. Team Tennis**, which falls under the umbrella of the NJTL program, offers the opportunity to play organized matches against players of similar age and ability in a friendly atmosphere. The **QuickStart** play format will be used for players, ages 10 and under. **John Muus** will be the program director and he and **Paul Muus** will be the instructors.

For Whom : All interested youth, ages 5 – 18

When : June 22 – July 22; Grand Marais – Tues., Wed., Thurs.

QuickStart (8 & Under) Division: 9:00 – 10:00 AM
QuickStart (10 & Under) Division: 10:00 - 11:00 AM
Stars Division (Beginner - Advanced Beginner): 11:00 – Noon
Stripes Division (Intermediate - Advanced): Noon – 1:30 PM

Grand Portage : Dates To Be Determined; 10:00 – 11:00 AM (Beginners), 11:00 – 12:30 PM (Intermediate)

Where : Grand Marais – Community tennis courts
Grand Portage – Grand Portage Community Center

Fee : Grand Marais - \$30 (some scholarships available)

- * If you have your own tennis racquet, bring it. Other racquets are available on site.
- * Tennis balls will be provided.
- * Every participant will receive a tee shirt, along with other prizes / awards.

For more information contact John Muus at 387-2198 (jcmuus@boreal.org)

2010 USTA / NJTL Registration Form

Name _____ Grade _____ Age _____ Birthdate _____
Parent/Guardian _____ Phone (H) _____ (W) _____
Address _____ T-Shirt Size (Y) _____ (A) _____

Make checks payable to: CCTA (Cook County Tennis Association)

**Send registration and payment to: John Muus, PO Box 394, Grand Marais, MN 55604
or
drop them off at the Cook County MS/HS office**